



advisability

غذاء الروح

الإختيار الأصوب

Whatever you are given is only the provision of this life. But what Allah possesses is better and more lasting for those who believe and trust in their Lord.



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

فَمَا أُوتِيتُمْ مِّنْ شَيْءٍ
فَمَتَاعُ الْحَيَاةِ الدُّنْيَا
وَمَا عِنْدَ اللَّهِ خَيْرٌ
وَأَبْقَى لِلَّذِينَ آمَنُوا
وَعَلَىٰ رَبِّهِمْ يَتَوَكَّلُونَ

(42:36)