



an expression of grief and concern

قَدْ حَسِرَ الَّذِينَ كَذَّبُواْ بِلِقَاءِ اللَّهِ حَتَّى إِذَا جَاءَتْهُمُ السَّاعَةُ بَغْتَةً قَالُواْ يَا حَسْرَتَنَا عَلَى مَا فَرَّطْنَا فِيهَا وَهُمْ يَحْمِلُونَ أَوْزَارَهُمْ عَلَى ظُهُورِهِمْ أَلاَ سَاء مَا يَزِرُونَ (6:31)





Lost indeed are they who deny that they will have to meet God.

When the Last Hour comes suddenly upon them, they cry, "Alas for us! We have neglected much in our lifetime!"

And they will be carrying their burdens on their backs.

Evil indeed is that with which they are burdened. (6:31)